

H2O for Life Workshop

That sounds like a great addition to the September calendar. I'd feature it as:

SEVEN SIMPLE WAYS TO REDUCE BACK PAIN WITHOUT SURGERY

Wednesday, September 16 at 1:00 PM

Vicenza Clubhouse

Presented by **Brenda VanSalisbury with H2O for Life**

Join us for an informative afternoon and learn seven simple ways to help reduce back pain without surgery.

Flyer is attached for more information.

Open to all Vicenza residents.

We hope to see you there!

Sincerely,

Citizens Management Services, Inc. on behalf of Vicenza Neighborhood Association, Inc.

(941) 313-3685 | www.citizensmanagementservices.com